

Power Skills Stream

TRANSFORMATIVE JOURNEY OF EMPOWERING & SHAPING
TOMORROW'S LEADERS

Introduction

Welcome to our Power Skills Course, a transformative journey designed to empower children and teenagers aged 6-18 with essential life skills. Our curriculum goes beyond the conventional, focusing on communication, emotional intelligence, teamwork, and adaptability. Through engaging activities and interactive learning, we inspire young minds to discover, develop, and excel in these soft skills, setting the stage for a future where they can confidently navigate life's challenges.



Message from the Stream Leader

Dear Parents/ Caretakers & Children,

“Welcome to the transformative journey of the Power Skills Course! I am delighted to serve as the Stream Leader for this exciting initiative aimed at empowering children aged 6-18 with essential life skills.



The core objective of the Power Skills Course is to help individuals develop well-rounded and emotionally healthy well-being. Recognizing the diverse needs of children and young adults, our curriculum is tailored to meet the unique challenges and opportunities at every stage of development. This course will enhance their personal and professional lives, positively impacting their future growth.

We encourage active involvement from parents and caretakers. Your support is instrumental in reinforcing the skills learned in the course. We provide resources and support networks to facilitate your engagement in your child's learning journey. Join us on this exciting adventure of skill-building, confidence-boosting, and future-shaping. Let's unlock the potential within each child, one skill at a time."

Sidrah Siddeiqye, Power Skills Stream Leader, SSFH

SSFH Offerings

	Basic	Intermediate	Advanced
Course objective	Develop a foundational understanding of essential power skills, emphasizing collaboration, empathy, and responsibility. By the end of this level, participants aged 6-10 will be equipped with basic communication and teamwork skills, demonstrating an initial grasp of emotional intelligence and a sense of responsibility in various contexts.	Build on foundational skills by exploring resilience, time management, and adaptability. Participants aged 11-14 will deepen their understanding and application of power skills, cultivating the ability to navigate challenges, manage time effectively, and adapt to changing circumstances.	Reach the pinnacle of power skills proficiency by delving into emotional intelligence, critical thinking, and leadership. Participants aged 15-18 will refine their abilities to navigate complex emotions, analyze situations critically, and exercise effective leadership in diverse contexts.
Learning outcomes	After completing the course, your child will be able to: <ul style="list-style-type: none"> effectively communicate ideas identify and express basic emotions in themselves and others grasp the concept of personal responsibility and its importance 	After completing the course, your child will be able to: <ul style="list-style-type: none"> demonstrate resilience by facing challenges with a positive mindset enhance their time management skills cultivate adaptability by embracing change 	After completing the course, your child will be able to: <ul style="list-style-type: none"> master emotional intelligence by recognizing and managing complex emotions hone critical thinking skills develop leadership qualities
Module/s covered in the Course	<ol style="list-style-type: none"> Collaboration Empathy Responsibility 	<ol style="list-style-type: none"> Resilience Time Management Adaptability 	<ol style="list-style-type: none"> Emotional Intelligence Critical Thinking Leadership
Age group	6 to 10	11 to 14	15 to 18
Duration/ Total Credit Hours	16 Hours (covered over 2 months) <ul style="list-style-type: none"> 16 Classes in Total 2 Classes a Week 50-55 Minutes 	16 Hours (covered over 2 months) <ul style="list-style-type: none"> 16 Classes in Total 2 Classes a Week 50-55 Minutes 	16 Hours (covered over 2 months) <ul style="list-style-type: none"> 16 Classes in Total 2 Classes a Week 50-55 Minutes

If you are interested to register
for a course or want to know more

Please send us a message and one of
our representatives will reach out to you

CONTACT US



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